



FARM-TO-SCHOOL PRESENTATION

FUEL UP TO PLAY 60 | DAIRY COUNCIL OF UTAH/NEVADA

OBJECTIVE

Learning about the work of dairy and other farmers in producing nutritious foods can help students better appreciate the variety of foods available, and where those foods come from.

RESOURCES

Visit the Farm-to-School Webpage to access handouts, videos, and additional resources.

HOW TO PREPARE

MATERIALS NEEDED:

- Classroom computer, projector, and speakers
- Internet access
- Zoom Link: <https://zoom.us/j/8626034175>

WHAT TO EXPECT

THE FARM-TO-SCHOOL PROGRAM WILL CONSIST OF THREE PHASES:

1) PRESENTATION

PowerPoint presentation including information on healthy dietary choices, dairy, and physical activity. (about 15 minutes)

2) VISIT-THE-FARM EXPERIENCE

An on-the-farm experience over the internet. Farmer will give a tour of the dairy farm and answer live questions from students. (about 10-20 minutes)

3) SENSORY ACTIVITY

- Activities vary based on time and resources. Activities may include:
- Milking a life size plastic cow, exploring feed samples, butter churning, and more.



FOLLOW-UP

Upon completion of the farm-to-school program you will be asked to either fill out a written or online survey to help us improve the presentation.

CONTACT

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