

PASSPORT WHAT DOES THE WORLD EAT?

NAME

DATE ISSUED

PASSPORT NUMBER

Take an adventure around the world to see how children in other countries enjoy their food. Each week during our summer meals program you will have the opportunity to "visit" a new country. You will receive a sticker for your passport for each country you "visit".

Check with your summer meals staff to see how you can win a fun prize for participating.





1. Select all of the options below that are Italian cheeses.

Ricotta

Mascarpone

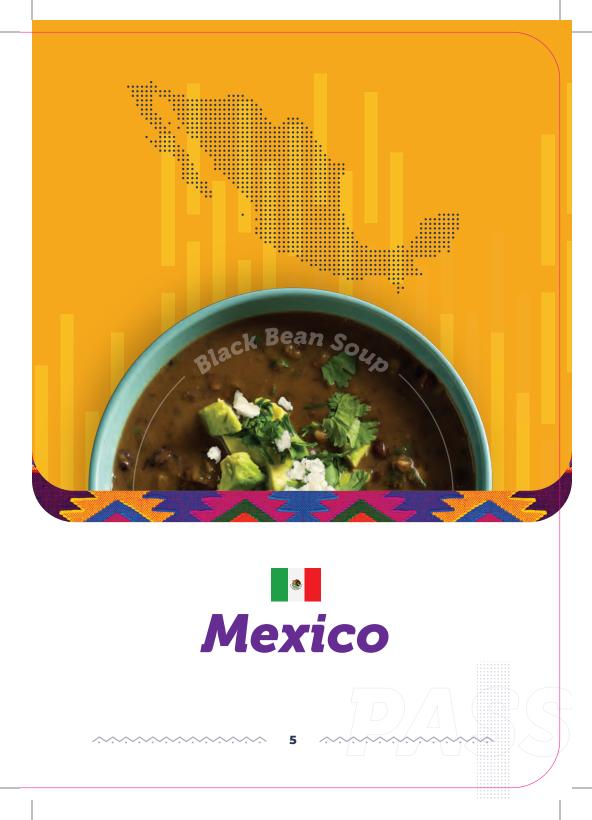
Pecorino

Cannoli

2. Did you know that Italy has the most variety of cheeses in the world? Draw or name your favorite cheese.

3. Other popular Italian foods include:





Have you ever eaten at a Mexican restaurant for breakfast? They have some tasty breakfast options that are fun to try!

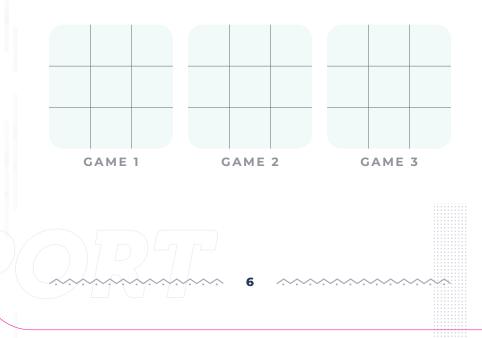


CHILAQUILES

A popular breakfast dish made from fried corn tortillas simmered in salsa and topped with cheese. Sometimes an egg or avocado is added, too!

1. TIC TAC TOE

You are X, your friend is O. Players take turns putting their marks in empty squares. The first player to get 3 of her marks in a row (up, down, across, or diagonally) is the winner.



2. Here are some common Mexican foods.

Select your favorite or one food that you'd like to try.

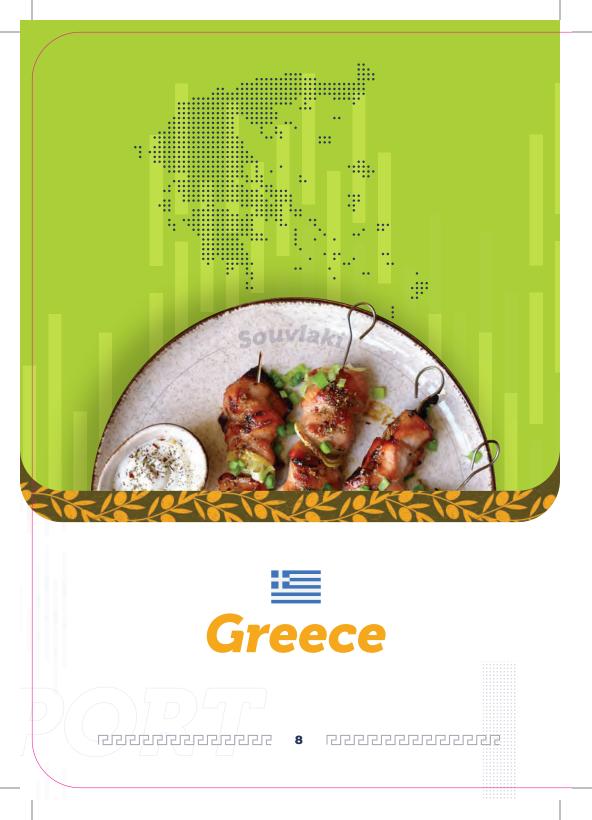
Avocados	Tortillas
Beans	Corn
Queso Fresco	Orange

Crema, which is very similar to sour cream, is another tasty ingredient used in Mexican cuisine!

3. What are some other Mexican foods or dishes you have tried?







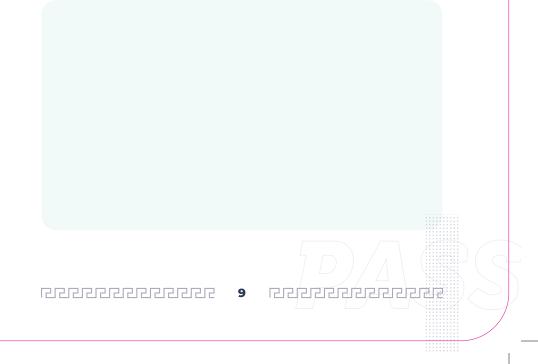


HAVE YOU EVER HAD FETA CHEESE? It has a tangy flavor, is super yummy with watermelon and is found in many Greek dishes!

1. What are some other popular Greek foods?

Lamb	Yogurt
Olive Oil	Tomato
Chickpeas	Pear

2. Draw your favorite food you enjoyed at today's lunch.



3. Find and circle the list of words in the word puzzle below.

Baklava Cinnamon Cloves Eggplant Fava beans Feta cheese

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Gyros Lentils Moussaka Olive oil Olives Pita

Souvlaki Spanakopita Spinach Tomatoes Wheat Yogurt

SSPANAKOPITANFSEADRZFS P P N I W K H L N J Y I U B B A K L A V A P EIWLCMRIGSDJSASZKLUYVE X N K B T F A V A B E A N S Y K I A C S D P P A H O S V L E T H F U N X L I Q E G J X I P C N V H Y K S O U V L A K I Y D S C S J T FHDRBLCTAWIHGSDKBNFPLA H F V S O C O Y K G E M O U S S A K A F D X R D B H J N U T E D C F G T I S E D R N JL CXEGGPLANTHRSECVIBVNDJ B D E A Y P B N E R X Z W I L Y N K L U Y DFABRRFHGSNYPTELKEACXH O S V L O T X C I N N A M O N N Y U J L L M F B H G S C S Z W E G B C I T O M A T O E S EAWJDSEAMYTQRJIHWS IVN FMHTRSAOLIVEOILEQQZE C D E H B F T M H N B D E J S K I U O S J L XAADHYGTBDFRWSECFVUIPO F E T A C H E E S E E S U W I I Y O G U R T





1. What common Brazilian foods have you tried?

Rice Beans Banana Cassava root

Plantains



Portuguese is the national language in Brazil. You can say hello in Brazilian Portuguese by saying **Oi (O-ee)** or **olà.**

2. What are some foods grown in Brazil?

OrangesSoybeansCoffeeCassava







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DO YOU LIKE TO EAT PICKLES? Vegetables are often pickled in vinegar. Pickled vegetables, like carrots, tomatoes, and onions, are often used in Indian dishes to add yummy flavor!

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In India, a lot of different grains are enjoyed:



1. Below are some of the foods commonly used in India. Select the dairy foods that you have tried.

Milk
Yogurt
Buttermilk
Ghee
Paneer
Mangos
Potatoes
Condensed milk
Malai



Did you know that there are over **40,000** different types of rice?

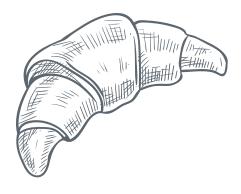




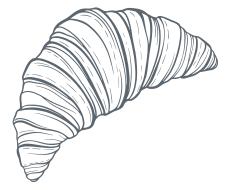
DO YOU KNOW THE DIFFERENCE BETWEEN A CROISSANT AND A CRESCENT ROLL?

A crescent roll is

like a dinner roll, but the dough has been wrapped around itself. They are super soft and squishy.



Croissants are very flaky and buttery. They tend to be darker in color and are made by pressing butter between layers of dough.



1. What are some popular foods in France?

- Garlic
- Truffles
- Mushrooms
- Butter
- Cheese
- Apples



In France, cheese is often enjoyed after the main meal!

2. What is your favorite kind of bread? Draw or name it.





